

## Family Activity - Garden Bracelets



### Here's What You Need:

- Masking tape OR
- Paper and tape

### Quick Assembly:

1. Roll out a piece of masking tape to make a bracelet, sticky side OUT! Or turn a piece of paper into a bracelet and tape the end.



### Activity:

Explore your yard or neighborhood to find materials to add to your bracelet. Look for leaves and flower petals or any plant material you think is interesting.

Make sure the plant material isn't wet because it won't stick to the tape!

IDEA: make a themed bracelet. Look for as many different colored petals as you can find, or find as many different shades of green in leaves.

What kind of bracelet did you make? Why did you pick these plant pieces for your bracelet? If you could make a garden bracelet out of any plants from around the world, what would you put on it?

### HEY GROWNUPS!

If you do not have green space near you, you can still do this activity indoors! Look in your refrigerator for foods we eat that are parts of plants, and make a food bracelet. Or make a scented spice bracelet using herbs and spices from your kitchen. Encourage your child to think about the parts of plants that they eat, and the job that part is doing for the plant. Some suggestions are:

**Leaves** (the part of the plant that makes food for the plant) - *lettuce, bok choy, cabbage, mint*

**Stems** (the part of the plant that holds up the leaves and flowers and carries water and food) - *celery, asparagus, cactus pads*

**Roots** (the part of the plant that holds it in the ground and takes up water and minerals) - *carrot, beet, radish*

**Flowers** (the part of the plant that can make a fruit) - *broccoli, cauliflower, artichoke* - these three are actually flower buds!

**Fruits** (the part of the plant that holds the seed) - *apple, string bean, strawberry, cucumber*

**Seeds** (a tiny plant and its food, tucked in a seed coat, waiting to grow) - *sunflower seeds, pine nuts*